

Water Aerobics

Drop-in Schedule

Winter Session – January 6 – February 26

COST = \$9(R) / \$11(NR)

Monday Morning

Monday Evening

NAME	AVAILABILITY	NAME	AVAILABILITY
9 am - Deep Water Condition	Available (10 spots)	5 pm - Deep Water Condition	Available (7 spots)
10 am - Joyful Joints	FULL	6 pm - Joyful Joints	Available (3 spots)
11 am - Aqua Zumba	Available (5 spots)		

Tuesday Morning

Tuesday Evening

NAME	AVAILABILITY	NAME	AVAILABILITY
9 am -Deep Water Condition	Available (4 spots)	6 pm - Joyful Joints	Available (6 spots)
10 am - Joyful Joints	Available (2 spots)		
11 am - Aqua Pilates & Core	Available (5 spots)		

Wednesday Morning

Wednesday Evening

NAME	AVAILABILITY	NAME	AVAILABILITY
9 am -Deep Water Condition	Available (2 spots)		
10 am - Aqua Motion	Available (5 spots)		
11 am - Joyful Joints	Available (2 spots)		

Thursday Morning

Thursday Evening

NAME	AVAILABILITY	NAME	AVAILABILITY
9 am -Deep Water Condition	Available (4 spots)	5 pm - Joyful Joints	Available (6 spots)
10 am - Joyful Joints	Available (2 spots)	6 pm - Deep Water Condition	Available (5 spots)
11 am - Aqua Zumba	Available (10 spots)		